



VERMONT

GASTROENTEROLOGY

Alex John, MD
Cory Halliburton, MD
David Schwartz, MD
Alan Landau, MD
Fady Asslo, MD
Jacek Mysior, MD

H-Pylori Breath Test Instructions

Patient Preparation:

1. Patient should be fasting for 1 hour.
2. **Do not administer this test if this list of instructions is not followed, as test results may be inaccurate:**
 - a. Patients should not take proton-pump inhibitors (eg, Prilosec, Prevacid, Aciphex, Protonix, and Nexium) or bismuth compounds (eg, Pepto-Bismol) for 2 weeks prior to testing.
 - b. Patients should not take antibiotics for 4 weeks prior to testing.**
 - c. Histamine 2-receptor antagonists (H2RA), such as Pepcid, Tagamet, Axid, or Zantac may impact the sensitivity of the test and, if possible, should be discontinued for 2 weeks prior to testing.
3. Carafate (sucralfate) does not interfere with the test. Use of antacids does not affect the accuracy of this assay.

Please call (802)864-7483 with any questions.

Date: _____

Time: _____

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