



# VERMONT

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## GASTROENTEROLOGY

### H-Pylori Breath Test Instructions

#### Patient Preparation:

1. Patient should be fasting for 1 hour.
2. **Do not administer this test if this list of instructions is not followed, as test results may be inaccurate:**
  - a. Patients should not take proton-pump inhibitors (eg, Prilosec, Prevacid, Aciphex, Protonix, and Nexium) or bismuth compounds (eg, Pepto-Bismol) for 2 weeks prior to testing.
  - b. Patients should not take antibiotics for 4 weeks prior to testing.**
  - c. Histamine 2-receptor antagonists (H2RA), such as Pepcid, Tagamet, Axid, or Zantac may impact the sensitivity of the test and, if possible, should be discontinued for 2 weeks prior to testing.
3. Carafate (sucralfate) does not interfere with the test. Use of antacids does not affect the accuracy of this assay.

Please call (802) 864-7483 with any questions. Choose the Nurse Extension.

Date: \_\_\_\_\_

Time: \_\_\_\_\_